



EVENTS & HAPPENINGS

Inauguration of 'DEEKSHA' training program of IOCL for FY 23-24

'DEEKSHA' training programme of IOCL was inaugurated at SDI-B on

programme would not only contribute to their professional development but also to their personal growth.

The Deeksha programme is

to provide employees with convenient self-service options for various HR tasks such as profile updation, leave management, showcasing pay-related information,



10th July'23. The inauguration ceremony was graced by the esteemed presence of Sh. Sanjay Srivastava, CEO, SDI-B, Sh. Kamal Kunj, GM (RT), MKHO and Sh. Sumanta Barua, DGM (RA), MKHO. Addressing the participants, new inductees into Retail Sales, Sh. Srivastava encouraged them to get into details of Retail Sales policies and RO operation by actively engaging with the faculty. He stressed the importance of being inquisitive and encouraged participants to ask questions and seek clarification on every details. Sh. Kunj shared his excitement about the opportunities that lie ahead for the participants. He emphasised that this training

designed to enhance the skills and knowledge of participants in the field of Retail Sales. The 6-day residential training programme covered a wide range of topics, from the fundamentals of Retail Sales function to the intricacies of social interactions and business acumen.

Employee Self Service (ESS) & e-Complaint Portal Launched for SDI-B Users

The twin portals i.e., ESS and e-Complaint were launched by Sh. Sanjay Srivastava, CEO, SDI-B on 11th July' 23. ESS portal, built on top of SAP application, aims to facilitate employee management, and is designed

Performance Management System (PMS), special allowance declarations and claims etc.

The e-Complaint portal would help optimize institute's handling of complaints, through an efficient and user-friendly application. Through this portal, employees would conveniently submit complaints using any web browser or the dedicated mobile app (Android). Once a complaint is registered, employees would be able to track its status and progress.



Electric Scooter project by Industrial Electrician students

The 13th batch of Industrial Electrician students completed a remarkable project by crafting an



electric scooter named "CLASSIC M-1." This eco-friendly scooter is powered by a battery and equipped with a range of impressive features. It comes with a throttle that offers three speed modes for convenient and efficient riding. It has a top speed of 15 kmph and a maximum load capacity of 80 kg. The scooter is equipped with a front LED light and a horn. With a single charge,

it can cover a good distance of up to 40 km.

The technical specifications of the scooter include a brushless DC motor with a capacity of 6 inches, 350 W, and 24V. The scooter is powered by a Li-Ion 24V DC 20AH battery, protected by a BMS circuit and is equipped with a disk brake for efficient stoppage.

The project was guided by two trainers, Mr. Rajesh Ku Mahapatra (Senior Training Officer) and Mr. Dayanidhi Jena (Training Officer). CEO, SDI-B expressed his appreciation and delight for the electric scooter project by personally taking a ride on it during the launch event.

CEO, SDI-B Attended 'CAPSTONE 2023' Program at GIT, Kottayam

CEO, SDI-B received an invitation to grace the Course Completion Ceremony of Gregorian Institute of Technology (GIT) in Kottayam as their Chief Guest. The event named 'CAPSTONE 2023,' was institute's first event of its kind post Corona that celebrated the accomplishments of approximately 300 students from 5 diverse trades who had successfully completed their courses. While addressing the students, he advised them to keep alive their



quest for new knowledge, continuous learning and upskilling that would eventually help them innovate and create new things and also help them gain better employability skills.

Drug Awareness Program

Commissionerate Police, Cuttack & Bhubaneswar organised an interactive session with educational institutions to 'Counter threat to drug abuse among students' at the conference hall of Commissionerate Police, Bhubaneswar on 19th July'23. On behalf of SDI-B, Mr S S Patra,



CM(Admin) and Mr M Behura, Admin Officer attended the



program. Following this, Mr. Patra and Mr. Behura conducted an



awareness program in SDI-B for students and faculty members to sensitize the gravity of the issue.

SDI-B has an established action plan to combat drug addiction with a zero-tolerance approach,

which includes measures such as confiscation at the main entry gate and surprise checks at hostels.

CYBER SECURITY QUIZ–JULY 2023

Great news! The quiz held last month received an excellent response, with over 200 students participating in it. Detailed answers with explanations have been uploaded to the intranet portal, so please go through them to update your knowledge on Cyber Security. Congratulations to the top 3 winners of the Jun 2023 Quiz – **Deepak Sethi, SK Wasi Uddin, Amit kiran Roy!**

Don't miss the chance to participate in the July 2023 quiz. Submit your answers before 25th Aug, for a chance to get an honourable mention in the upcoming edition of SDI-B Pulse. To participate, simply scan the QR code provided.



KNOWLEDGE POST

Atomic Habits - An Easy & Proven Way to Build Good Habits & Break Bad Ones

Author : James Clear

Genre : Self-help, Psychology Personal Development

Atomic Habits by James Clear is a remarkable guide that offers invaluable insights into the power of small habits and their potential to transform our lives. With a clear and concise writing style, James presents practical strategies and evidence-based techniques that can help anyone develop good habits, eliminate bad ones, and ultimately achieve long-term success.

The book begins by emphasizing the importance of understanding the true nature of habits and their role in shaping our lives. Clear introduces the concept of "atomic habits," which are tiny changes that have a profound impact over time. He emphasizes the compounding effect of small habits and provides numerous examples to illustrate how they can lead to

remarkable transformations in various aspects of life.

One of the book's strengths lies in its practicality. The author breaks down the process of habit formation into four fundamental steps: cue, craving, response, and reward. He explains how to design cues that trigger positive habits, create an environment that supports behaviour change, and implement effective systems to sustain progress. Through actionable advice and relatable anecdotes, the author helps readers understand the psychology behind habit formation and provides the necessary tools to apply these concepts to their own lives.

Clear also addresses common obstacles that hinder habit

development, such as procrastination, lack of motivation, and setbacks. He delves into the concept of habit stacking, habit tracking, and the importance of identity-based habits, demonstrating how these strategies can lead to lasting change. By focusing on the process rather than relying solely on willpower, Atomic Habits provides readers with a refreshing and realistic approach to habit formation.

This book is available in our Resource Centre in intranet portal and can be accessed by scanning this QR code.



Soft Skills for Everyone - 5

SELF-CONFIDENCE (Believe In Yourself)



You may be rich and intelligent. But if you do not have confidence, you cannot come out and speak. Hence, apart from all your hard work, self-confidence is very important. It can be acquired through practice. Gandhiji too developed it through constant practice. It gives you inner energy.

DOs FOR SELF-CONFIDENCE :

Set challenging and realistic goals.

- Stay positive-believe in yourself
- Think and act confidently.
- Be competitive.
- Get to know yourself
- Live with principles.
- Empower yourself with knowledge.
- Have a great aim



DON'Ts FOR SELF CONFIDENCE :

Set challenging and realistic goals.

- Don't be a critic of yourself.
- Don't expect to be successful for the first time.
- Don't be afraid to seek help.
- Don't have negative thoughts.
- Don't feel inferior.



“You Were Born With Wings. Don’t Crawl; Learn To Use Them To Fly.”

- APJ Abdul Kalam



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